

Senior Center meals for May through September 2026 Copper Creek West Union

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August 2026					
3	BAKED SPAGHETTI PIE #6 SCP ZUCCHINI PARMESAN 0.5 CUP GARLIC TOAST 1 SLICE CHILLED FRUIT 4 OZ MILK 8 FL OZ		6	BAKED SWISS CHICKEN 3 OZEP GARDEN LONG GRAIN & WILD RICE #8 SCP COUNTRY TRIO VEGETABLES 4 OZ FROSTED MANADARIN ORANGE CAKE 1 SQ MILK 8 FL OZ	
10	COUNTRY FRIED STEAK 1 EACH MASHED POTATOES #8 SCP CREAM GRAVY 2 OZ L GLAZED CARROTS4 OZ S BREAD/MARG 1 EACH BANANA BERRY CUP 4 OZ S MILK 8 FL OZ		13	MEATLOAF 1 PIECE POTATO CASSEROLE #8 SCP SEASONAL VEGETABLE 4 OZ S BREAD/MARG 2 EACH PUDDING SUNDAE1 Serv MILK 8 FL OZ	
17	GARLIC PARMESAN BAKED CHICKEN 3 OZEP PASTA W/ MARINARA SAUCE 4 OZ S TOSS SALAD/ DRESSING 8 OZ S GARLIC TOAST 1 SLICE SEASONAL FRESH FRUIT 1 SERV MILK 8 FL OZ		20	GARLIC & HERB PORK CHOP 3 OZEP GARDEN LONG GRAIN & WILD RICE #8 SCP PARSLIED CAULIFLOWER 4 OZ S BREAD/MARG 1 EACH BANANA 1 EACH COOKIE 1 EACH MILK 8 FL OZ	
24	NACHO CHICKEN 3 OZEP SHREDDED LETTUCE/TOMATO 4 OZ S PINTO BEANS 3 OZ S CORN 4 OZ S FROSTED CAKE 1 SQ MILK 8 FL OZ		27	FRIED CHICKEN 1 SERV SWEET POTATO PUFF CASSEROLE 4 OZ S CASCADE BLEND VEGETABLES 4 OZ S CORNBREAD 1 SQ PUDDING SUNDAE1 Serv MILK 8 FL OZ	
31	BAKED SPAGHETTI PIE #6 SCP ZUCCHINI PARMESAN 0.5 CUP GARLIC TOAST 1 SLICE CHILLED FRUIT 4 OZ MILK 8 FL OZ				