



Iowa Café Menu

Breakfast

All breakfast options will be served with coffee, milk and juice.

1. Two Eggs, and Choice of Bacon, Ham or Sausage (Served with 2 slices of toast, potato, and 1 fruit)
2. Scrambled Eggs with Diced Ham (Served with 2 slices of toast, potato, and 1 fruit)
3. Deluxe Omelet (Ham, peppers, onions, mushrooms, and cheese) Served with 2 slices of toast
4. Veggie Omelet (Served with 2 slices of toast)
5. Egg Sandwich (Choice of bread: whole wheat bread or English muffin; choice of meat: sausage patty, bacon, or ham; Also with cheese and an egg) Served with 1 fruit and potato.

Lunch

- *All lunch options will be served with choice of Coffee/Milk/Orange, Apple, or Tomato Juice**
- *All sandwiches served with lettuce, tomato, and onions and 2 sides*

6. Broiled Cod Fillet Sandwich
7. Grilled Chicken Breast Sandwich
8. Ham Sandwich
9. Chicken Salad Sandwich
10. BLT
11. Pork Tenderloin (Grilled)
12. Hamburger (1/4 lb)
13. Cheeseburger (1/4 lb)
14. 1/2 Hot Beef (when available)
15. Mushroom & Swiss Burger (1/4 lb)
16. Salad Bar

Sides

- Coleslaw
- Potato Salad
- Macaroni Salad
- Pea Salad
- Beets
- Hash Browns
- American Fries
- Mashed Potatoes with gravy
- Vegetable of the day
- Fruit of the day

