



## Iowa Café Menu

All meals include option of coffee, 8 oz milk, 6 oz juice (orange, tomato, apple). One coffee refill, no refill on milk and juices. Substitutes are NOT allowed.

### Breakfast Options

*All omelets come with 2 slices wheat toast and ½ cup hashbrowns or ½ cup fruit*

- 2 egg Western omelet (ham, American cheese, onions and pepper filling)
- 2 egg Sausage omelet (sausage and cheese filling)
- 2 egg Bacon omelet (bacon and cheese filling)
- 2 egg Vegetable omelet (mushrooms, tomatoes, peppers, onions, and cheese filling)
- Best breakfast (2 egg, 2 slice toast, 2 strip bacon or sausage links, hashbrowns or fruit cup)

### Sandwiches

*All served on wheat bun or wheat bread (2 slices) with lettuce, tomato, pickle and onion and choice of ONE: ½ cup coleslaw, ½ cup veggie of the day, ½ cup mashed potatoes and gravy or ½ cup apple sauce or fruit cup*

- Hamburger
- Cheeseburger
- Patty melt
- Grilled loin
- Smoked turkey melt
- Pulled chicken
- Pulled pork
- Chicken breast

### Special

Half – hot beef with gravy (2 -3 oz beef, ½ cup mashed potatoes, ½ cup veggie of the day, and 2 slices wheat bread)

### Salads

*Served with breadstick and crackers*

- Iowa Cafe Crispy chicken salad (crispy breaded or grilled chicken tenders, diced tomatoes and shredded Colby jack cheese, served with choice of dressing) (2 cups mixed greens and veggies, 2 -3 oz mixed chicken and cheese)
- Iowa Café Chef salad (Ham, turkey, bacon crumbles, Colby jack cheese and sliced hard-boiled egg top this bed of lettuce, served with choice of dressing) (2 cups mixed greens and veggies and one egg, and 2 oz combination ham, turkey or cheese)